



# Maternal Mental Health: What You Need to Know for Your Practice

*This activity has been approved for 1.5 AMA PRA Category 1 Credit™*

**Tuesday, April 25, 2017**

**6:00 – 8:00 p.m.**

John H. Ammon Medical Education Center  
Christiana Hospital Campus  
4755 Ogletown-Stanton Road Newark, DE 19718

## AGENDA

- **6:00 – 6:30 p.m.**  
Registration & Dinner
- **6:30 – 7:30 p.m.**  
**CME Presentation**  
Megan O'Hara, LCSW;  
Malina Spirito, PsyD, Med
- **7:30 – 8:00 p.m.**  
**Panel Discussion**  
Janet Brown, APRN, BC  
Amy Didden, LCSW  
Nancy Fan, MD  
Lawrence Pradell, MD

In-depth seminar designed to enhance participants' ability to recognize evidence-based medicine of untreated maternal mental illness and toxic-stress on the developing fetus and infant; illustrate tools to screen postpartum mothers for perinatal mood and anxiety disorders, and implement such tools into practice; and apply processes for submitting reimbursement for screening for perinatal mental health disorders and pathways for referral when perinatal mental health disorder is identified. Pediatricians, obstetricians, gynecologists, family physicians, nurses, physician assistants and community health professionals are all encouraged to attend.



**Up to 20%**  
of women develop a  
mental health problem  
during pregnancy or  
within a year of  
giving birth

from The Costs of Perinatal Mental Health Problems, available at:  
<http://www.centreformentalhealth.org.uk/perinatal>  
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### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providerhip of the Medical Society of Delaware and the Delaware Chapter of the American Academy of Pediatrics. The Medical Society of Delaware is accredited by the ACCME to provide CME activities for physicians.

### DESIGNATION STATEMENT

The Medical Society of Delaware designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### STATEMENT OF DISCLOSURE AND INDEPENDENCE

It is the policy of the Medical Society of Delaware to comply with the ACCME Standards for Commercial Support of Continuing Medical Education. In keeping with these standards, all faculty participating in continuing medical education activities sponsored by MSD are expected to disclose to the activity audience any real or apparent conflicts of interest related to the content of their presentations. Joint providerhip of CME by MSD in no way implies endorsement of any product or service. This activity is not supported by commercial funding.

## REGISTRATION

PHYSICIANS:	\$30*
NURSES/PAs:	\$15*
HEALTH PROFESSIONALS:	\$15*
MEDICAL RESIDENTS/STUDENTS:	FREE



*\*PLUS ONLINE REGISTRATION SERVICE FEE*

**COURSE FEE COVERS EDUCATION AND DINNER**

[HTTPS://DEAAPMATERNALHEALTH.EVENTBRITE.COM](https://DEAAPMATERNALHEALTH.EVENTBRITE.COM)

**Please register online by April 18, 2017**